

KATE KLEMER DC, RCST
Divine Structure Trainings and Practice
CURRICULUM VITAE

EDUCATION

Approved Teacher Training: Biodynamic Craniosacral Therapy Association of North America: **BCTA/NA 2003- 2013**

- **Assistant taught 3 full 700 hour Biodynamic Craniosacral Therapy Foundational Trainings**

B.C.S.T., R.C.S.T./ Registered Craniosacral Therapist 1998 - 2001

American School for Energy Therapies, Watertown, MA

- 700 Hour training with British Osteopath's: Michael Kern DO, ND, Author, Katherine Ukeja DO, Author, and Scott Zamrut

D.C./ Doctor of Chiropractic 1984 -1988

Western States Chiropractic College, Portland, Oregon

A.A./Associate in Arts 1982 - 1984

Holyoke Community College, Holyoke, Massachusetts

Liberal Arts University of Massachusetts at Amherst 1981 - 1982

PROFESSIONS

Doctor of Chiropractic/ D.C.

- Clinical Wellness Practice and School, Charlemont Massachusetts 2013-present
- Clinical Wellness Practice, New York, NY 2007-2012
- Clinical Wellness Practice Northampton, Massachusetts 1989 - 2023

- Development of Wellness Method combining: Structural Work on the Body, Biodynamic Craniosacral Therapy, and Genetic Nutritional Applied Kinesiology, to educate and empower patients about functional health
- Directed a multidisciplinary clinical practice with Medical Doctors/ Homeopaths, Acupuncturists, Massage Therapists, Physical therapists, Licensed social Workers, Pilate's Teachers, Rolfers, and Naturopaths.
- Practice Associate Doctor for Dr. Steve Owens, West Hartford, CT 1988 - 1989

Teacher

- Divine Structure Biodynamic Craniosacral Therapy Foundational Trainings, Intro Courses: Approved Teacher of the BCTA/NA: (Biodynamic Craniosacral Therapy Association of North America 2013- present) 5 two year trainings as of 2023.
- Online 12 Module Living Anatomy Course Designer and Instructor 2020-Present
- Assisted Brigit Viksnins Alchemical Alignment™ Bodywork for Trauma Resolution and Embodiment of Spirit 3 modules in 2018
- Assisted Katherine Ukleja, DO: Biodynamic Craniosacral Visceral Training 5 days in Maryland, US 2018
- Assisted Cherionna Menzam- Sills PhD., OTR, RCST, LMT, and Continuum Teacher
2 Foundational Trainings Biodynamic Craniosacral Therapy 2007- 2013
- Assisted Franklyn Sills, Biodynamic Craniosacral Teacher and Author 2009

- Introductory Biodynamic Craniosacral and Kinesiology Workshop 2007
- Assisted Michael Kern, DO, Teacher, Author, ND, and founder of the Craniosacral Therapy Education Trust In London, England
 - 1.) Biodynamic Craniosacral Foundation Training 2003 - 2005 Northampton, Massachusetts
 - 2.) Biodynamic Craniosacral Visceral Training 5 days 2004 Plainfield, Massachusetts
- Nutritional Kinesiology Courses 1990 to present

Administrator

- Course Organizer/Administrator Northampton, Massachusetts 2003 - 2005 Michael Kern: Author, Teacher, DO, ND

TRAININGS, CERTIFICATIONS, WORKSHOPS

CRANIOSACRAL POST GRADUATE COURSES

- Alchemical Alignment Foundations and Advanced Skills/ Somatic Trauma Skills. Taught by Brigit Viksnins. 2021-2022
- Graduated as Certified Teacher Training BCTA/NA 2013
- Vagal Nerve Stimulation Course Online 2016
- BCTA/NA Teacher Training 2003-2013
- Franklyn Sills 5 day advanced Craniosacral training NYC 2007
- British Osteopathy Cranial course, 5 days in London 1998
- Upledger Institute Intro to Craniosacral with Clyde Ford, D.C. 1987
- Sacro - occipital Technique @ Western States Chiropractic College 1987
- 3 Rosalyn Bruyere Healing Intensive trainings 1992 - 1994

- Nasal Specifics Course with Dr. Stauber, D.C., N.D. 1986

NUTRITION POSTGRADUATE COURSES

- Dr J Dunn Wholistic Methylation Genetic Nutrition 2016-present
- Multiple Nutritional Kinesiology and herbal seminars from 1990-present with:
 - Dr. Anderson
 - Dr. Versendaal
 - Dr. Brimhall
 - Dr. Haywood
 - Dr. Bone
 - Dr. Victor Frank TBM

CHIROPRACTIC POSTGRADUATE COURSES

- 5 Day Spine Active Release Technique Boston 2018
- 5 Day Extremities Active Release Technique Chicago 2018
- Cox Flexion Distraction Technique, Dr. Cox, D.C. 1992, 2016
- Whiplash and Spinal Trauma Seminar 1991
- Gonstead Technique @ Western States Chiropractic College 1987
- Active Continuing Education Online Each Year in Ethics, Nutrition, Inflammation, the Gut, Etc...

PUBLIC SPEAKING

- Breath of Life Conference Ghost Ranch, New Mexico 2016: **Gut Brain Axis**
- Breath of Life Conference Maryland 2018: **Concussions and Biodynamic Craniosacral Therapy**
- BCTA/NA Cranial talks, articles and meditations: **Immune System, Pride month**

- Blogs: 1991 - present

PUBLICATIONS/PRESS

- Ryan Halford Craniosacral Podcast Episode 82.
- Article Many Hands Magazine: Biodynamic Craniosacral Therapy, what is it?
- Radio Show 103.3FM Northampton: Cranial work introduction and history 2007
- Article Curve Magazine; What is craniosacral therapy? By Stephanie Schroeder 2008
- www.drkateklemer.com/blog : health issues treated with alternative medicine, health politics, wellness education, and stories present
- Facebook page Divine Structure Practice and School

HONORS/AWARDS

- Amherst Regional High School State Champion Basketball Player
- Awarded Class Athlete Amherst Regional High School 1981
- Dean's List Holyoke Community College, Pre -Med/Chiropractic curriculum
- Valley Advocate Best Chiropractor Readers Poll, Northampton, Massachusetts

STATE LICENSES

- Massachusetts
- Connecticut
- Vermont
- New York